satisfying the requirements of the amendments made by this section.

(d) **Effective Dates.**—

1. **In General.**—The amendments made by this section shall apply to plan years beginning after December 31, 2006.

2. **Transition Rule.**—If notice under section 101(m) of the Employee Retirement Income Security Act of 1974 (as added by this section) would otherwise be required to be provided before the 90th day after the date of the enactment of this Act, such notice shall not be required to be provided until such 90th day.

**SEC. 508. PERIODIC PENSION BENEFIT STATEMENTS.**

(a) **Amendments of ERISA.**—

1. **In General.**—Section 105(a) of the Employee Retirement Income Security Act of 1974 (29 U.S.C. 1025(a)) is amended to read as follows:

   “**(a) Requirements To Provide Pension Benefit Statements.**—

   “**(1) Requirements.**—

   “**(A) Individual Account Plan.**—The administrator of an individual account plan (other than a one-participant retirement plan
described in section 101(i)(8)(B)) shall furnish a pension benefit statement—

“(i) at least once each calendar quarter to a participant or beneficiary who has the right to direct the investment of assets in his or her account under the plan,

“(ii) at least once each calendar year to a participant or beneficiary who has his or her own account under the plan but does not have the right to direct the investment of assets in that account, and

“(iii) upon written request to a plan beneficiary not described in clause (i) or (ii).

“(B) DEFINED BENEFIT PLAN.—The administrator of a defined benefit plan (other than a one-participant retirement plan described in section 101(i)(8)(B)) shall furnish a pension benefit statement—

“(i) at least once every 3 years to each participant with a nonforfeitable accrued benefit and who is employed by the employer maintaining the plan at the time the statement is to be furnished, and
“(ii) to a participant or beneficiary of
the plan upon written request.

Information furnished under clause (i) to a par-
ticipant may be based on reasonable estimates
determined under regulations prescribed by the
Secretary, in consultation with the Pension
Benefit Guaranty Corporation.

“(2) STATEMENTS.—

“(A) IN GENERAL.—A pension benefit
statement under paragraph (1)—

“(i) shall indicate, on the basis of the
latest available information—

“(I) the total benefits accrued,
and

“(II) the nonforfeitable pension
benefits, if any, which have accrued,
or the earliest date on which benefits
will become nonforfeitable,

“(ii) shall include an explanation of
any permitted disparity under section
401(l) of the Internal Revenue Code of
1986 or any floor-offset arrangement that
may be applied in determining any accrued
benefits described in clause (i),
“(iii) shall be written in a manner calculated to be understood by the average plan participant, and
“(iv) may be delivered in written, electronic, or other appropriate form to the extent such form is reasonably accessible to the participant or beneficiary.
“(B) ADDITIONAL INFORMATION.—In the case of an individual account plan, any pension benefit statement under clause (i) or (ii) of paragraph (1)(A) shall include—
“(i) the value of each investment to which assets in the individual account have been allocated, determined as of the most recent valuation date under the plan, including the value of any assets held in the form of employer securities, without regard to whether such securities were contributed by the plan sponsor or acquired at the direction of the plan or of the participant or beneficiary, and
“(ii) in the case of a pension benefit statement under paragraph (1)(A)(i)—
“(I) an explanation of any limitations or restrictions on any right of
the participant or beneficiary under the plan to direct an investment,

“(II) an explanation, written in a manner calculated to be understood by the average plan participant, of the importance, for the long-term retirement security of participants and beneficiaries, of a well-balanced and diversified investment portfolio, including a statement of the risk that holding more than 20 percent of a portfolio in the security of one entity (such as employer securities) may not be adequately diversified, and

“(III) a notice directing the participant or beneficiary to the Internet website of the Department of Labor for sources of information on individual investing and diversification.

“(C) ALTERNATIVE NOTICE.—The requirements of subparagraph (A)(i)(II) are met if, at least annually and in accordance with requirements of the Secretary, the plan—
“(i) updates the information described in such paragraph which is provided in the pension benefit statement, or
“(ii) provides in a separate statement such information as is necessary to enable a participant or beneficiary to determine their nonforfeitable vested benefits.

“(3) DEFINED BENEFIT PLANS.—
“(A) ALTERNATIVE NOTICE.—In the case of a defined benefit plan, the requirements of paragraph (1)(B)(i) shall be treated as met with respect to a participant if at least once each year the administrator provides to the participant notice of the availability of the pension benefit statement and the ways in which the participant may obtain such statement. Such notice may be delivered in written, electronic, or other appropriate form to the extent such form is reasonably accessible to the participant.

“(B) YEARS IN WHICH NO BENEFITS ACCRUE.—The Secretary may provide that years in which no employee or former employee benefits (within the meaning of section 410(b) of the Internal Revenue Code of 1986) under the plan need not be taken into account in deter-
mining the 3-year period under paragraph (1)(B)(i).”

(2) Conforming amendments.—


(B) Section 105(b) of such Act (29 U.S.C. 1025(b)) is amended to read as follows:

“(b) Limitation on number of statements.—In no case shall a participant or beneficiary of a plan be entitled to more than 1 statement described in subparagraph (A)(iii) or (B)(ii) of subsection (a)(1), whichever is applicable, in any 12-month period.”

(C) Section 502(c)(1) of such Act (29 U.S.C. 1132(c)(1)) is amended by striking “or section 101(f)” and inserting “section 101(f), or section 105(a)”.

(b) Model statements.—

(1) In general.—The Secretary of Labor shall, within 1 year after the date of the enactment of this section, develop 1 or more model benefit statements that are written in a manner calculated to be understood by the average plan participant and that may be used by plan administrators in com-
plying with the requirements of section 105 of the

(2) INTERIM FINAL RULES.—The Secretary of
Labor may promulgate any interim final rules as the
Secretary determines appropriate to carry out the
provisions of this subsection.

(c) EFFECTIVE DATE.—

(1) IN GENERAL.—The amendments made by
this section shall apply to plan years beginning after
December 31, 2006.

(2) SPECIAL RULE FOR COLLECTIVELY BARGAINED AGREEMENTS.—In the case of a plan main-
tained pursuant to 1 or more collective bargaining
agreements between employee representatives and 1
or more employers ratified on or before the date of
the enactment of this Act, paragraph (1) shall be
applied to benefits pursuant to, and individuals cov-
ered by, any such agreement by substituting for
“December 31, 2006” the earlier of—

(A) the later of—

(i) December 31, 2007, or

(ii) the date on which the last of such
collective bargaining agreements termi-
nates (determined without regard to any
extension thereof after such date of enactment), or

(B) December 31, 2008.

SEC. 509. NOTICE TO PARTICIPANTS OR BENEFICIARIES OF BLACKOUT PERIODS.

(a) In General.—Section 101(i)(8)(B) of the Employee Retirement Income Security Act of 1974 (29 U.S.C. 1021(i)(8)(B)) is amended by striking clauses (i) through (iv), by redesignating clause (v) as clause (ii), and by inserting before clause (ii), as so redesignated, the following new clause:

“(i) on the first day of the plan year—

“(I) covered only one individual (or the individual and the individual’s spouse) and the individual (or the individual and the individual’s spouse) owned 100 percent of the plan sponsor (whether or not incorporated), or

“(II) covered only one or more partners (or partners and their spouses) in the plan sponsor, and”.

(b) Effective Date.—The amendments made by this subsection shall take effect as if included in the provi-